Contact details

The Respiratory/ COPD Team can be contacted on [Tel: (01752) 434342](Tel:434342)

Email address [livewell.communityrespiratoryteam@nhs.net](mailto:livewell.communityrespiratoryteam@nhs.net)

9.00am till 4.30pm daily including weekends.

**Please note There is no physiotherapy cover over weekends.**

**Team Secretary:**

**Ann-Marie Crockett**

December 2015

**THE COMMUNITY RESPIRATORY TEAM (OUTREACH TEAM)**

**Our aim is to try and prevent admissions to hospital by educating patients to keep themselves as well as possible, to recognise impending exacerbations, and give them the confidence to manage their COPD themselves with an agreed action plan**.

* **We work with GP’s and Practice Nurses caring for patients who have COPD.**
* **We provide an oxygen assessment service in collaboration with the Chest Clinic at Derriford Hospital.**
* **We provide a Pulmonary Rehabilitation Service.**
* **We are working with the British Lung Foundation.**





**Individual team members can be contacted for the following Localities:**

**Jo Higgins Kirsty Riordan (North Locality)**

Elm Surgery Budshead Surgery

Ernesettle Surgery Crownhill Surgery

Estover Surgery Knowle House

Leypark Surgery Tamerton Surgery (Knowle House)

Local Care Centre (Ernesettle)

Oakside Surgery

Roborough Surgery

Southway Surgery

Woolwell Surgery

**Jo Westwood (South Locality)**

Beaumont Villa Surgery

Collings Park MC

Lisson Grove MC

Local Care Centre Mount Gould

Mannamead Surgery

Tothill Surgery

Park View Surgery

Pathfields (Efford & Laira)

Peverell Park Surgery

Freedom Health Centre

Friary House Surgery

Wycliffe Surgery

**Clare Munro & Mary O’Shea (West Locality)**

Adelaide Street Surgery

Armada Surgery

Devonport Health Centre

North Road West MC

Ocean Health Group

Stirling Road

St Levan Surgery

St Neots Surgery

Stoke Surgery

West Hoe Surgery

Trelawny - Ernesettle

**Andrea Thurston (East Locality)**

Barton Surgery

Beacon Medical Group

Church View Surgery

Dean Cross Surgery

Glenside MC

Pathfields (Plympton)

**Respiratory Physiotherapists**

**Abigail Scott and Rosie McCulloch**

Responsible for community respiratory physiotherapy which includes management of breathlessness, dysfunctional breathing, sputum retention, inhaler technique, reduced exercise tolerance as well as anxiety and energy management.

**Pulmonary Rehabilitation**

Pulmonary Rehabilitation is an exercise and education programme that runs for ten weeks (a two hour session every week) at either Brickfields in Devonport or The ELM centre in Estover.

A home based exercise programme is provided for housebound patients.

**Referral Criteria**

**Patients with Moderate to Very Severe COPD, registered with a Plymouth GP, and one or more of the following apply:**

* Acute exacerbations where it is felt the intervention of the COPD Service would prevent admission to hospital.
* Early supported discharge from hospital.
* Acute chest physiotherapy.
* 2 or more hospital admissions a year with exacerbation of COPD not managed by GP/Practice Nurse.
* Post hospital discharge needing more than GP/Practice Nurse follow-up.
* Frequent 999 or GP callers.
* Pulmonary Rehabilitation (or Home Exercise Programme to housebound patients).
* Oxygen assessment via the Oxygen Clinic.
* Nebuliser assessment.
* Complex patients.
* Supporting Palliative Care.

**How to Refer**

Internal PCH referrals can be made using the universal BICA form.Referrals from Derriford are made through the In-reach Team (39949 or bleep 89173) or consultant letter. GP referrals should be forwarded by email direct to the team using the Community Respiratory Team referral form to [PCHCIC.COPD-Team@nhs.net](mailto:PCHCIC.COPD-Team@nhs.net)

**Urgent Referrals**

**Need to be telephoned through on 434342 before 2pm to ensure they are seen that day otherwise will be followed up the day after. They must be followed up by one of the above methods.**

**Pulmonary Rehabilitation has its own referral form and can be obtained from Telephone: 434342.**