**Referral Criteria and pathway for CEW Service**

**Complications of Excess Weight (CEW) Peninsula Spoke**

**Derriford Hospital Plymouth and Royal Cornwall Hospital**

**Referral criteria**

* Children over 2 years of age and under 17 years old and resident in Plymouth or Cornwall
* BMI >40 or;
* BMI ≥ 3.5 SD above the mean or;
* BMI >99.6th centile **and** serious comorbidity or complex needs (including child safeguarding concerns with obesity as a primary concern). Co-morbidities include:
  + - Hypertension
    - Metabolic liver disease
    - Idiopathic intracranial hypertension
    - Obstructive sleep apnoea requiring intervention
    - Polycystic ovarian disease
    - Impaired fasting glucose
* Established and managed Type 2 diabetes needing weight reduction as part of therapy (same service referral only)
* Genetic cause for obesity diagnosed or suspected
* Iatrogenic cause of obesity (pituitary surgery)
* Previously engaged (with evidence) with tier 2 community-based services for weight management in areas where service offered. (Failure to engage with lower tier services will be an exclusion criterion unless child safeguarding concerns).
* Consideration for pharmacological treatments or bariatric surgery

**Referral pathway:**

Clinician sends referral proforma to CEW Service via [plh-tr.cewservice@nhs.net](mailto:plh-tr.cewservice@nhs.net).

(If you need a copy of proforma, please email the team and they will provide)

If received via pre-choice triage (DRSS), print referral, and send to CEW email above. Answer GP through ‘advise referrer’ option ‘’forwarded to CEW service and the team will be in contact.’’

Patient is added to CEW Assessment List - on spreadsheet to capture demand

Referral is triaged by the consultant or one of the multi-disciplinary team

No – does not meet criteria.

Letter dictated back to referrer

Outcome - letter to referrer

Yes – meets criteria.

Add to WL – apt to be booked

Cornwall or Derriford WL depending on location

Outcome - letter to referrer

Yes – meets criteria.

CYP not ready to engage in CEW service. Signposting to Tier 2.

Letter back to referrer, advising to re-refer once reviewed at later date.