**Heavy Menstrual Bleeding referral for non-contraceptive LNG-IUS insertion**

Referrals for non-contraceptive LNG-IUS insertion for heavy menstrual bleeding (HMB) must be made by their GP by completing this form. **Patients need to be adequately investigated and pre-counselled for the procedure prior to referral.** Referrals not meeting these criteria will be returned.

Referrals should be emailed to the appropriate locality:

For North Devon – rduhsecndsh@nhs.net For Exeter / East – rduhshexeteradin@nhs.net

For Torbay/South – tsdft.sexualhealthreferrals@nhs.net

|  |
| --- |
| **Patient Details:** *Please ensure this information is up to date.*  |
| Surname:        | Date of Birth:       |
| Forename(s):       | Gender:        |
| Address (inc postcode):       | NHS Number:       |
| Telephone Number:  |       |
| Patient’s email address |       |
| **GP Details:** |
| Referring GP:       | Practice Address:       |
| Practice Name:       |
| Practice Tel No:       |
| Practice Email Address:        |

**REASON FOR REFERRAL**

**MENSTRUAL HISTORY**

|  |  |
| --- | --- |
| **Cycle length** |       Days Regular/Irregular  |
|  Intermenstrual bleeding | Yes/No       |
|  Post coital bleeding | Yes/No       |

**EXAMINATION FINDINGS AND INVESTIGATION RESULTS**

|  |  |
| --- | --- |
| **Pelvic and speculum examination** |       |
| **Pelvic (ideally transvaginal) USS** |       please attach copy |
| **Endometrial biopsy (if seen by gynaecology)** |       please attach copy |

**All imaging results should be attached to this referral (we do not have access to notes or results systems)**

**Relevant Past Medical History (Inc PCOS, Diabetes):**

**BMI** (mandatory): All patients should be strongly encouraged to keep BMI in health range – high BMI contributes to high circulating oestrogens and heavy menstrual bleeding.

**Current Medication:**

**Contraception and HRT inclusive of duration of use:**

**Allergies:** *(Medication or other adverse effects)*

**Gynaecology review:**

Yes/No

**All clinic letters should be attached to this referral (we do not have access to notes or results systems)**