**Heavy Menstrual Bleeding referral for non-contraceptive LNG-IUD insertion**

Referrals for non-contraceptive LNG-IUD insertion for heavy menstrual bleeding (HMB) must be made by their GP by completing this form. **Patients need to be adequately investigated and pre-counselled for the procedure prior to referral.** Referrals not meeting these criteria will be returned.

Referrals should be emailed to the appropriate locality:

For North Devon – [rduhsecndsh@nhs.net](mailto:rduhsecndsh@nhs.net) For Exeter / East – [rduhshexeteradin@nhs.net](mailto:rduhshexeteradin@nhs.net)

For Torbay/South – [tsdft.sexualhealthreferrals@nhs.net](mailto:tsdft.sexualhealthreferrals@nhs.net)

|  |  |
| --- | --- |
| **Patient Details:** *Please ensure this information is up to date.* | |
| Surname: | Date of Birth: |
| Forename(s): | Gender: |
| Address (inc postcode): | NHS Number: |
| Telephone Number: |  |
| Patient’s email address |  |
| **GP Details:** | |
| Referring GP: | Practice Address: |
| Practice Name: |
| Practice Tel No: |
| Practice Email Address: |

**REASON FOR REFERRAL**

**MENSTRUAL HISTORY**

|  |  |
| --- | --- |
| **Cycle length** | Days Regular/Irregular |
| Intermenstrual bleeding | Yes/No |
| Post coital bleeding | Yes/No |

**EXAMINATION FINDINGS AND INVESTIGATION RESULTS**

|  |  |
| --- | --- |
| **Pelvic and speculum examination** |  |
| **Pelvic (ideally transvaginal) USS** | please attach copy |
| **Endometrial biopsy (if seen by gynaecology)** | please attach copy |

**All imaging results should be attached to this referral (we do not have access to notes or results systems)**

**Relevant Past Medical History (Inc PCOS, Diabetes):**

**BMI** (mandatory): All patients should be strongly encouraged to keep BMI in health range – high BMI contributes to high circulating oestrogens and heavy menstrual bleeding.

**Current Medication:**

**Contraception and HRT inclusive of duration of use:**

**Allergies:** *(Medication or other adverse effects)*

**Gynaecology review:**

Yes/No

**All clinic letters should be attached to this referral (we do not have access to notes or results systems)**