Please complete all sections of this form. Fields marked with a \* are mandatory.

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| **1. Patient Information** | |
| **Patient Name\*:** | **Date of Birth\*:** |
| **Gender\*:** | **Ethnicity\*:** |
| **NHS Number\*:** [please note referrals without NHS Numbers will not be accepted] | |
| **Address\*:** | |
| **Post code\*:** | |
| **E-mail address:** *(if you have one)* | |
| **Home telephone\*:***(at least one telephone number)* | **Mobile telephone:\*** |
| **Preferred time for calls:** | |
| **Interpreter required?** (If yes please state language) | |

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| **2. Referrer information (GP practices)** | |
| **Name of GP practice\*:** | |
| **Name of referrer\*:** | **Practice Code:** |
| **Contact email\*:** ……………………………………......................@nhs.net | |

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| **3. Clinical information (HbA1c SHOULD BE WITHIN LAST 24 MONTHS)** | | | |
| **Type 2 Diabetes diagnosis confirmed\*** | Date | **Mandatory - Referrals cannot be accepted without this data** |
| **HbA1c (mmol/mol)\*:** | Date: | **Mandatory - Referrals cannot be accepted without this data** |
| **Weight (in kg):** *(last available)* | Date: |  |
| **Height (in cm):** *(last available)* | Date: |  |
| **BMI (kg/m2):** | Date: |  |
| **Blood pressure (mmHg):** | Date: |  |

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| **4. Past relevant medical history / co-morbidities\*** |
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| **5. Current medications\*** |
| |  |  |  | | --- | --- | --- | | **Medication** | **Dosage** | **Frequency** | |  |  |  | |  |  |  | |  |  |  | |  |  |  | |  |  |  | |  |  |  | |

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| **6. Consent \*** |
| * The patient has consented to take part in the programme |

Once complete please send this form via email to [ovivauk.northdevon@nhs.net](mailto:ovivauk.northdevon@nhs.net)

Only send patient information via secure NHS Mail accounts. If you are unsure how to do this or have any other questions, please contact Oviva on 02076224777 or using the email address above.

**Inclusion criteria**

* Be registered with a GP practice within the CCG
* Be aged 18 or over
* Have a confirmed diagnosis of type 2 diabetes
* HbA1c taken within the last 24 months (before referral date)
* **Standard Pathway: HbA1c of 58 mmol/mol or below OR the patient is over 70 years old**
* **Intensive Pathway: HbA1c > 58 and the patient is under 70 years old**

**Exclusion criteria**

* Pregnant women
* People with type 1 diabetes
* People who are at risk of diabetes but do not have a recorded diagnosis of type 2 diabetes
* People with a significant learning disability or untreated mental health condition that makes it difficult for them to engage in care
* People who are under the current care of a dietitian
* People who had previous bariatric surgery less than 2 years ago or have planned bariatric surgery which will occur during the course of the programme