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| «PracticeLogoHeader» |

17 May 2023

Dear «Forename» «Surname»

 **Act now to reduce your risk of developing Type 2 diabetes**

Your blood test suggests your risk of developing Type 2 diabetes is high.

To reduce your risk of developing this serious disease or any of its life impacting complications, we are inviting you to join a FREE NHS health programme by Xyla Health and Wellbeing. The programme will help you make small but important changes, so you can reduce your risk of developing Type 2 diabetes and other serious conditions, such as heart disease and stroke.

More than 6,000 people across Devon have already taken part and successfully improved their health, reduced their risk, and now feel fitter and happier.

**A place is reserved for you now; we strongly recommend you use it**

Contact the programme team as soon as possible on **0333 577 3010** or <https://preventing-diabetes.co.uk/self-referral/> to secure your place, or let us know if you are unable to use it so we can offer it to someone else. You will be asked for your:

Postcode: «Postcode»

NHS Number: «NHS\_Number»

Blood Test Result (mmol/mol): «HbA1c\_Result»

Blood Test Date: «HbA1c\_Date»

The team will answer any questions you have about the programme. Please take this opportunity to join now.

Yours sincerely

«HCP\_Title\_Names»**s**

You can find more information about preventing type 2 diabetes and the programme we are offering to you on:

<https://preventing-diabetes.co.uk/about/>

Find patient information sheet at the bottom of this page:

<https://preventing-diabetes.co.uk/referrers/devon/>